



Dial 2-1-1 to access thousands of health and human service programs in the Bay Area.



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Dial 2-1-1: Your first call for help.

What if ...

- * My child needs tutoring or after-school care?
- * My friend needs drug treatment?
- * My neighbor needs immigration assistance?
- * I don't have enough money for food?
- * My elderly mother needs in-home support?
- * I want to join a support group?

2-1-1 is free, confidential and available 24 hours a day in over 150 languages. You can also search for help online at www.211bayarea.org.



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Quick Reference

For the Hearing Impaired (TTY) dial 415-808-4440 or 7-1-1

Can't dial 2-1-1? Call 800-273-6222 to reach the 2-1-1 call center.

2-1-1 Local Community Services	5-1-1 Traffic & Transit
3-1-1 City Government (San Francisco and San Jose only)	7-1-1 Calif. Relay for Hearing Impaired
4-1-1 Directory Assistance	9-1-1 Emergency Services

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